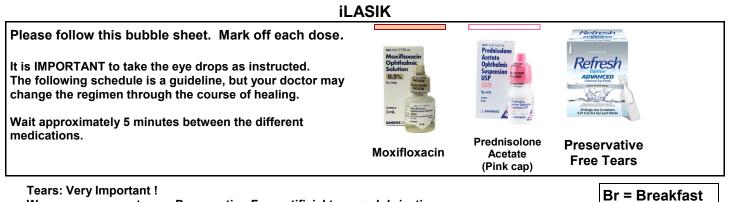
BRING THIS SHEET WITH YOU TO ALL POST-OPERATIVE APPOINTMENTS.

## Northeast Ohio Eye Surgeons—Eye Drop Summary **DRIGHT EYE DLEFT EYE**



**Tears: Very Important !** 

We encourage you to use Preservative-Free artificial tears or lubricating drops frequently which will help healing and reduce irritation. After 1 month, you may switch to Preserved or Bottled Tears, but stay with Brand names such as Refresh, Genteal, Thera Tears, or Systane. Again, wait 5 minutes between any 2 drops.

	Wear Eye Shield at Bedtime x 1 week						
First Week	Surgery Day	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
		Br L D Bd					
Moxifloxacin	Every 2 Hrs	0000	0000	0000	0000	0000	0000
Pred	Every 2 Hrs	0000	0000	0000	0000	0000	0000
Tears every 2 Hrs							

2nd Week	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
No Moxifloxacin	Br L D Bd						
Pred 2x/day	o o	o o	o o	o o	o o	o o	o o
Tears at least 4x/day							

3rd & 4th wk	Br L D Bd						
Tears at least 4x/day							

Stop

Moxifloxacin

L = Lunch

D = Dinner

**Bd = Bedtime** 

## TYPICAL Post-Op SYMPTOMS: You may notice...

Blurry or Hazy Vision for the first several days, but fluctuating vision may last for a couple weeks. A foreign body or scratchy sensation in the eye for several weeks. (use Artificial Tears often for relief)

# ACTIVITIES TO AVOID:

Avoid activities such as Yoga and weight training for 1 week Avoid contact sports for 1-2 weeks Avoid dusty/dirty environments - wear protective eye wear if you must be around dust/dirt No eye make-up for at least 1 week (being careful not to rub eye when removing make-up for 4 weeks) No swimming and Avoid splashing water into eye for 2 weeks

## PRECAUTIONS:

Wear Eye Shield at bedtime for 1 (one) week Take a shower or bath, but cautiously wash your eyelids — no splashing Wear sunglasses if light sensitive Wear eye protection when needed

#### APPROVED ACTIVITES: You may...

Sleep on either side, but use the eye shield for the first week after surgery Watch TV, read, or work on computer, etc Perform most household activities, but minimize "STRAINING" for 1 week Participate in most exercise routines, except avoid straining to lift/bend for 1 week Have your hair styled at barber/beauty shop (being careful not to get hair or hair product in eyes)

## CALL OUR OFFICE IMMEDIATELY IF YOU EXPERIENCE:

SEVERE PAIN SIGNIFICANT REDNESS INCREASED FLOATERS OR FLASHES OF LIGHT - like lightning streaks or flash bulb SUDDEN LOSS OF VISION SUDDEN CHANGE IN EYE COLOR OR PUPIL SIZE

STOW LOCATION	KENT LOCATION	AKRON LOCATION	AFTER HOURS:
330.928.0201	330.678.0201	330.836.8545	330.475.7385

Lawrence E. Lohman, M.D. Marc F. Jones, M.D. Matthew C. Willett, M.D. Elizabeth Shanika Esparaz, M.D.

Rachel S. Davis, M.D. Elizabeth D. Muckley, O.D. William R. Rudy, O.D. Katie L. Greiner, O.D.

Katherine Hastings Zajac, O.D. Marcella E. Pipitone, O.D. David B. Beckett, O.D.

Jennifer S. Vincent, O.D. Emily Reynolds, O.D. Samantha R. Zaczyk, O.D.

#### DRIVING:

You will NOT be allowed to drive home from the Surgery Center—please make arrangements.

We ask that you do NOT drive until you discuss with your doctor at your one day post op visit.

If your doctor indicates that you are "legal to drive", we ask that you please use YOUR best, safest judgment on whether you are safe to drive.